



Okinawan Karate Club of Dallas

13000 Josey Lane #102

Farmers Branch, TX 75234

(Corner of Valley View Lane & Josey Lane)

972-406-BUDO (2836)

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www.okinawankarateclub.com

OKINAWAN KARATE

Karate is a foot and fist martial art originating on the island of Okinawa, Japan. The modern style has evolved since the 11th century.

In addition to developing a knowledge of self-defense, practicing karate promotes confidence, discipline, artistic expression, health and fitness. It is an art which is best looked at as a whole.

Physical exercises are taught in class and can be divided into three categories: basic techniques, kata & two-person exercises. Traditional weapons are taught at the brown and black belt levels. These weapons include bo, sai, kama, tonfa, nunchaku, tekko, nitan bo and eiku.

Our training is aimed toward perfection of technique, endurance, self-knowledge, and physical and spiritual strength.

Adult Schedule

Monday	6:30-7:30	Open
	7:30-8:30	Open
Tuesday	7:00-8:00	Open
Wednesday	6:30-7:30	Open
	7:30-8:30*	Open
Thursday	6:00-7:00	Intermediate
	7:00-8:00	Open
Friday	6:00-7:00	Open-Informal
	6:30-7:30*	Open
Saturday	9:00-10:00**	Open
	10:00-11:00	Advanced
Sunday	11:00-12:00	Open

*Arnis ** Jujutsu (every 3rd Sat.)

Youth Schedule

Monday	5:30-6:30	Open
Tuesday	6-7:00	Intermediate
Wed.	5:30-6:30	Open
Saturday	11:00-12:00	Open

*White Belts 30 minutes

OKCD DUES

We are proud at OKCD to have a clear and honest method of payment. We have no contracts, registration fees or testing fees. The only fee is your dues, which may be paid either monthly or every three months. Your first payment includes a uniform and patch.

1 Student: \$60 / month

\$150 / 3 months

2 Students: \$100 / month,

\$270 / 3 months

3 Students: \$135 / month

\$360 / 3 months



OKCD Yudansha & Shimabukuro Hanshi

Okinawan Karate Club of Dallas

OKCD is a traditional martial arts school that practices Okinawan Shorin Ryu karatedo as taught by Eizo Shimabukuro, Grandmaster. OKCD also practices Shudokan karatedo as taught by the late Walter Todd, United States Shibuchō for the late Kanken Toyama.

OKCD began in 1984 by Ilene J. Smoger Sensei with the assistance of Sean Deuby Sensei. Ilene J. Smoger Sensei, the director of training for the Club, holds the rank of Nanadan, 7th dan black belt, given to her directly by Shimabukuro O'Sensei in the Shorin Ryu Karatedo system. Smoger Sensei also holds the rank of Nanadan, 7th dan black belt, in the Shudokan Karatedo system given to her by the family of the late Shibuchō Walter Todd. Smoger Sensei is a student of Barb Christensen Sensei of Ann Arbor, Michigan who holds the rank of Nanadan in Okinawan Shorin Ryu Karatedo.

OKCD INSTRUCTORS

Ilene J. Smoger, Nanadan
 Donna Mullett, Godan
 Sean Deuby, Godan
 Brian McCauley, Godan
 Al Izaddoust, Sandan
 John Mascio, Sandan
 Jude Barcnas, Sandan
 Todd Sherry, Sandan
 Michael Hartfield, Sandan
 Wayne Murphy, Sandan
 Greg Chesley, Sandan

David Porter, Sandan
 Paul Klotz, Nidan
 Marcus Guthrey, Shodan
 Michael Longfellow, Shodan
 Ryan Stone, Shodan
 Constance An, Shodan
 Charrie Mascio, Shodan
 Christian Barcnas, Shodan
 Frank Gannon, Shodan
 Sean Robinson, Shodan
 Bruce Jenkins Guru