

Adult Schedule

Monday

6:30-7:30 PM

Karate Open All Ranks

Monday

7:30-8:30 PM

Karate Open All Ranks

Tuesday

7:00-8:00 PM

Karate Open All Ranks

Wednesday

6:30-7:30 PM

Karate Open All Ranks

Thursday

6:00-7:00 PM

Karate Intermediate Ranks

Thursday

7:00-8:00 PM

Karate All Ranks

Friday 6:30-7:30 PM Karate Informal Class All Ranks

Saturday

9:00-10:00 AM

Karate All Ranks

Saturday

9:00-10:00 AM

Jujutsu Intermediate Ranks

Saturday Advanced Ranks